






Sajidul Bashar Sadi


Gymnastics Coach


Personal Info


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Bangladesh

 600 244 0342

 Bangladeshi

 DK30679030CL0001

 14/08/1997

Education

- **High Secondary School Certificate (H.S.C)**
National Bank Public School
& College
2013 - 2014

Skills

Coaching Skills - Expert

Motivational Skills - Expert

Technical Knowledge - Expert

Communication Skills - Expert

Organizational Skills - Expert

Leadership Skills - Expert

Languages

Bengali - Native Speaker

English - Fluent

French - Basic

Summary

Experienced gymnastics coach with over 10 years of experience in training, coaching and motivating athletes of all skill levels. I have a strong focus on early childhood gymnastics, particularly with toddlers and children aged 4 to 12. My goal is to instill confidence, discipline, and skill in young athletes, helping them grow into confident competitors on both national and international stages.

Work Experience

Gymnastics Coach, French International School of Dhaka / Ecole

Française Internationale Dacca

September 2017 - October 2022

- Developed a program of proper technique and form in floor, beam, vault and trampoline disciplines.
- Possess an in-depth knowledge of the rules, regulations and safety protocols of the sport.
- Monitored and evaluated athlete performance, providing feedback and instruction for improvement.

Gymnastics Coach, Aurora International School, Dhaka

October 2014 - November 2023

- Developed toddlers programs for students and training them in basic forms of gymnastics.
- Mentored and guided gymnastics students to reach their individual goals and potential.

Gymnastics Coach, Scholastica, Dhaka, Bangladesh

February 2023 - September 2023

- Provided gymnastics instruction and spotting for girls & boys aged 4 to 8.
- Developed instructional training, strengthening and performance - improving program for each athlete.
- Developing physical strength, flexibility, power, agility, co-ordination, grace, balance and control.

References

References available upon request

